

Love Letters for Mom

Build Emotional Connections

Ask your child(ren) the following questions and write down their answers. This honestly can turn into such a great reflection for parents too.



I love when you...

Thank you for...

I want to help you...

I feel like I'm wrapped in a hug when you...

My favorite place to be with you is...

I love the way your hair/cheeks/hands feel when...

When I am sad, you make me feel better by...

I think you are the most beautiful when you are wearing...

Thank you for always making sure I have...

You are a superhero because you can...

My favorite thing you ever cooked for me was...

Thank you for teaching me how to...

I think your favorite thing to do to relax is...

You are really, really good at...

I know you love me because you let me...

If I could give you any gift in the whole world, I would give you a...